



Fall Newsletter, Nov 2022

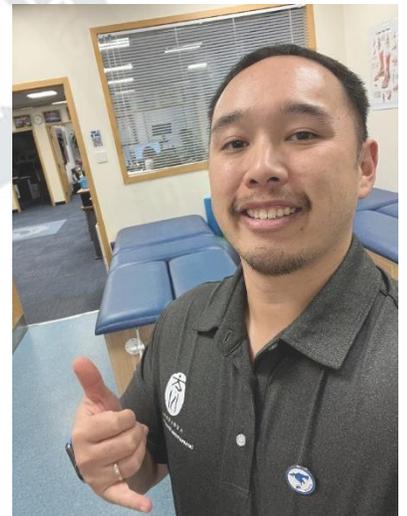
“Sometimes it takes only one act of kindness and caring to change a person’s life.” – Jackie Chan

NATA Recognition

Hey everyone, APATS is working to become a recognized member of the NATA. They have asked how many APATS members are NATA members. Can you please complete [this survey](#)? We will not share individual information. Thank you!!

New Pins

Huge shout out to the International School of Beijing for sponsoring the first run of APATS collectible pins. Please keep a lookout for our pins at future conference and events. All of those that presented at our annual meeting this past summer or donated to our organization will receive a pin. We are working on the logistics of international mail so please be patient and get excited



Member Spotlight: Trevor Riffey, MS, ATC (Dalat International School, Penang, Malaysia)



How long have you been an athletic trainer? I have been an athletic trainer for 4 years. Two years I worked in Phoenix, Arizona and then I moved to Penang in 2020.

Where did you come from (work history)? I am from Southern California and got my Bachelor's in Kinesiology from California Baptists University. I then graduated with my Masters in Athletic Training from Northern Arizona University in 2018 and was working in the Phoenix area between a couple clinics and a high school for 2 years before moving overseas to Penang where I am at Dalat International School now.

What do you enjoy most about international athletic training? I really enjoy educating my students and school community here about what athletic training is and why it is a benefit at our school and other international schools. There have been quite a few people here who did not exactly know what athletic training was and now they do and can see that it is beneficial.

Tell us a little about your family? My immediate family is my beautiful wife, Grace, and I. We don't have any kids right now and both of our families live in Southern California. We were able to visit them this past summer, which was great. My nephew was born while we were there so that was really cool to see him and spend some time with them while we were home.

What is your proudest moment as an athletic trainer overseas? Right now, my proudest moment has been being able to create and build the athletic training program at Dalat from scratch and see the students and staff respond so well to it. I have been able to start our ATSA (athletic training student aid) internship program for my Sports Med students to get practical experience observing, learning, and helping where they can and that has been awesome.

What is your fondest memory as an ATC in your current role? I think my fondest memory so far is hosting our school's end of the season conference volleyball tournament with schools from all over East Asia and being able to see the athletic training room in full swing again after the pandemic. This was the first big conference tournament that we have had since I moved here so it was really cool to see the athletic training room busy again and being able to serve other student athletes from these other schools. Some of these schools do not have an ATC and their coaches were excited and glad that we were able to care for their athletes and wanted to start something at their own schools as well.

How is your current role different than a traditional ATC job? My role here at Dalat is a little bit different than the typical ATC job because my first priority at the school is being a teacher, which I actually enjoy doing as well. Technically, athletic training is not part of my job duties right now, but I have started the program in hopes that it will be in the near future. We also do not have near as many sports as back in the states so my schedule for after school is less time consuming, which has been nice. I think traditionally at schools in the states, ATCs could be at the school late into the night, but here that is not the case.

Where is the best place you've traveled to and why? Definitely the Greek islands. My wife and I got married in Crete in 2019, and then traveled for 3 weeks around some of the Greek islands, which was insane. The culture, food, and beaches were so awesome, and we loved every bit of it. I definitely have to go back soon.

What athletic training chore do you absolutely hate doing? Although I don't have a lot of it here, I think cleaning certain machines or things in the ATR constantly is something I don't really like doing. We don't have a hydroc or a whirlpool, so I am fortunate I don't have to clean those things all the time!

What is one thing you miss from your home country? I mean my friends and family back home for sure, but also the food. I love the variety of food in Penang, but sometimes I crave some good Mexican food or a burger from In n Out.

What is something you learned in the last week? Your pinky finger, even on your non-shooting hand, actually makes quite a big difference when trying to shoot a basketball. I have an athlete, with a splinted pinky from a fracture, who is trying to play basketball, so I tried to shoot without my pinky and it's tough lol.

If you could work in any country as an athletic trainer, where would you work? This is a tough one, I am not too sure. I don't think I can name a specific country, but I think it would be cool to work somewhere in Europe or Australia. I think those would be my top two right now.

What is the most important trend you see today in the field of athletic training? I think this has been going on for a little while now, but educating more people on what athletic training is so good for our profession. I think it has picked up in recent years and more schools and companies are getting on board with hiring ATCs. Getting the word out more and advocating, especially internationally, is huge.

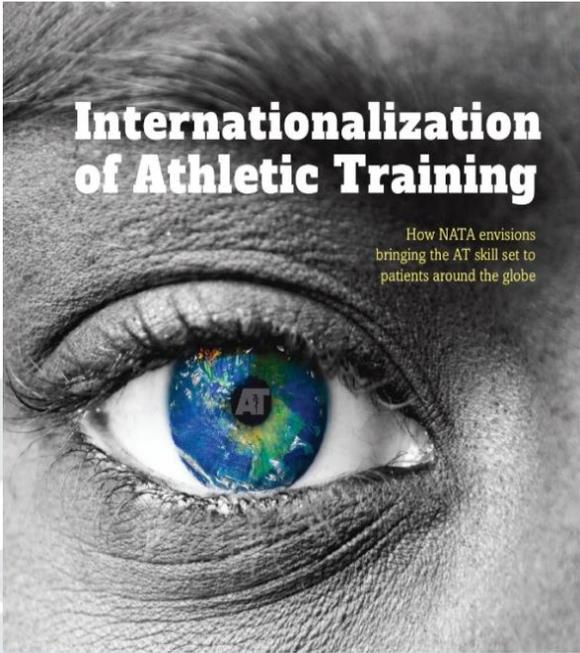
Job Corner

- **Concordia International School Shanghai (CISS)**
 - Athletic Trainer and Wellness Coordinator
 - If you have any questions, please reach out to Rizzo
 - Jennifer.Rizzo@concordiashanghai.org
- **Canadian International School of Hong Kong (CDNIS)**
 - Athletic Trainer
 - If you have any questions, please reach out to Ngan
 - nceleivate@gmail.com



Internationalization of Athletic Training

Check out the most recent issue of **NATA News** to see how “NATA envisions bringing the AT skill set to patients around the world.” Many of our members already play an important role in this process, internationalization of athletic training, which means “placing the needs and desires of the host or target country before any organizational branding or marketing efforts.” An important aspect of working abroad is to work within the “culture and values” of the place (partnerships) that we work in and not taking a “one size fits all mentality,” when it comes to health care.



Athletic trainers, such as Randen Morisako, MA, ATC, (top) with the International School of Beijing and Meghan McKay, MEd, ATC, LAT, (left) with Wales Men's National Lacrosse, provide care to athletes around the world.

MEMBERSHIP REQUEST

Want a colleague to join APATS, and get connected with us? First, they need to request membership here.

WEBSITE & Social Media

Check out our ever-evolving website here, www.apats.org
Follow us on Instagram at: [APATSociety](https://www.instagram.com/APATSociety)
Join us on WhatsApp

For more information or if you have any questions, please contact any of the APATS Coordinators at:

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- Rizzo - Jennifer.Rizzo@concordiashanghai.org



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